

BNC

TRAIL RUN

All proceeds will be given to Ballard Nature Center

Date: July,9 2011

5K/10K Start Time: 8:15 A.M.

Fun Run Start Time: 8: A.M.

Pre-register by: July 1, 2011

Entry fees:

- \$20.00 for pre-registered.....run/walk
- \$25.00 for race-day registration run/walk
- Subtract \$5 from entry fee, If no shirt is requested
- Kid's Fun Run Free entry / optional youth T-shirt \$6 (For a youth size T-shirt, Check optional box)

*** Race Day Registration and Packet Pick-up from 6-8:00am

Course: Well marked and challenging, trail surface varies from asphalt, packed gravel and grass. Mile markers and Water Stations on course.

For more information or to register online visit... www.ballardnaturecentertrailrun.com

Contact person: Ramie Clagg (217) 259-9112

AWARDS & PRIZES

Awards

5K/10K Run & 2mi. Walk

Top 3 Male and Female per race receive awards

All Participants 5k, 10k, Walk and Fun Run

Receive a finishers medal.

Door Prizes

First 50 Pre-registered will be entered for a special drawing of \$50 cash.

All entrants are entered to win various prizes provided by the BNC and sponsors.

ChampionChip 24/7 Timed Event

NEW WICKIFIER T-SHIRTS

T-Shirts: All Preregistered entrants post marked **before July 1st** are guaranteed a 2011 Ballard Nature Center T-shirt and selected size; Limited quantities and sizes on race morning. Youth size shirts are not available on race day.

Remove and Send the Form below to: **5150 E. US. Hwy 40, Altamont, IL 62411**; make checks payable to **BNC Trail Run**

Ballard Nature Center Trail Run Entry Form (please print clearly)

First Name: _____ Last Name: _____

Street: _____ City: _____ State: _____ Zip: _____

Phone # _____ Birth Date: _____ Race Day Age: _____

E-Mail Address: _____

Optional youth shirt
Check box:

Please circle one:

Runners 5K 10K

Walkers 2 Mi./Walk

Payment Type:

Amount Enclosed: _____

Circle One:

Gender

M F

Shirt Size

No Shirt (-\$5)

S M

L XL

XXL

Official Use Only:

BIB#:

I hereby absolve the Ballard Nature Center Trail Run as well as Ballard Nature Center and any of it's members, helpers or sponsors of all liability from any injury resulting from this event.

* _____ Date: _____

*Signature (if under 18, parent or guardian)

